



## Sandwich Guidelines

- Make meat and cheese lunch **sandwiches** on white or whole wheat bread - no condiments - and place in zip lock bag. Place wrapped sandwiches back into the bread bag. We use 90+ sandwiches a day for the Elizabeth Inn Shelter guests.
- If your group would like to supply complete sack lunches the ingredients include: two sandwiches, one salty snack item and one sweet snack item wrapped. **Please do not include social or religious tracts in the bags.**
- Make **breakfast sandwiches** (sausage or ham and biscuit) to be given to shelter guests who have to leave before breakfast to get to their job. We use 100+ per week.
- Please do not use the fold over sandwich bags, the sandwiches fall out.
- Keep the sandwiches refrigerated or in a cooler until they are delivered to MUST.

### Delivery

- The Loaves & Fishes Kitchen is open for donations of perishable food items (including sandwiches) during the following times. For the best possible experience email the volunteer office at [jhurd@mustministries.org](mailto:jhurd@mustministries.org) or call 678-218-4487 to tell us you will be making a donation. This will help us ensure someone is there to help, and that we have enough storage space for the items. Bring the donations to the side door of the L&F Kitchen (Building D) during the hours posted. There should be either a staff person or community service worker there to assist you. Thanks for all you do for MUST!

Monday through Friday; 5:30 AM to 2:00 PM and 5:00 PM to 8:00 PM.

Saturday/Sunday 5:30 AM to 1:30 PM; 4:30 PM to 8:00 PM

### Suggestions

- You are invited to decorate the lunch bags.
- If you would like to provide an extra treat (lollipops, candy) please keep it separate from the lunches and it will be handed out to the children.

