



## Summer Lunch Guidelines

### Menu

Monday – Peanut Butter & Jelly Sandwich, Corn Chips, Apple, and Juice Box

Tuesday – Ham & Cheese, Pretzels, Banana, and Juice Box

Wednesday – Bologna & Cheese Sandwich, Applesauce, Brownie, and Juice Box

Thursday – Ham Sandwich, Chips, Dessert item, and Juice Box

Friday – Turkey & Cheese Sandwich, Potato Chips, Orange, and Juice Box

### Preparation Guidelines

- Be sure to wash your hands or use gloves when making sandwiches. Please be sure that the preparation area is clean.
- Provide lunches as close to the menu provided as possible.
- Pre-mix peanut butter with jelly before spreading it on bread to increase the shelf-life of the sandwiches.
- Use white or whole wheat bread for the sandwiches.
- Do NOT use condiments.
- Put prepared sandwiches into Ziploc bags. Please do not use the fold over the sandwich bags. The sandwiches are more likely to fall out.
- Put the wrapped sandwiches back into the bread bag and twist tie the bag closed.
- Keep the sandwiches refrigerated or in a cooler until they are delivered to MUST.
- Put all the other lunch items into the lunch bag.

### Delivery

- Lunches can be delivered to either a Smyrna Location or a Marietta Location depending on what is closer for you. When you schedule with us we decide where your lunches are dropped off and we will email/or give directions to you at that time.

### Suggestions

- You are invited to decorate the lunch bags.
- If you would like to provide an extra treat (i.e. lollipops, candy), please keep it separate from the lunches and it will be handed out to the children.
- Tracts or other religious materials should NOT be included in the sack lunches.